

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026						9:00am Morning Connection 10:00am Morning Workout 2:00pm Color August! 2:30pm Root Beer Floats in the Cafe 3:00pm Live Piano Music with Anosh Ardeni 4:30pm Jazz Before Dinner 1
9:00am Morning Connection 10:00am Worship Service w/ Covenant Presbyterian Church 10:30am Hydration Trolley 11:00am Strength & Stretch 1:30pm Live Music in the Square 2:00pm Singalong with Paul Andrews 3:00pm Documentary Sunday 4:30pm Classical Music Before Dinner 2	9:00am Morning Connection 10:00am Monthly Fitness + Trivia 2:00pm Jeopardy Trivia 3:00pm Velvet Coloring 3:30pm Hydration Trolley 4:30pm Favorite Hit Songs Before Dinner 3	9:00am Morning Connection 10:00am Morning Workout 2:00pm Music Trivia 3:00pm Tie-Dye T-Shirts & Handkerchiefs 3:30pm Juice Caboose 4:30pm Crooners Before Dinner 4	9:00am Morning Connection 10:00am Bus Outing: Cougar Mountain Zoo 2:00pm Movie & Discussion: The Notebook 3:30pm Hydration Trolley 3:30pm Painting Inspired by The Notebook 4:30pm Classical Music Before Dinner 5	9:00am Morning Connection 10:00am Top to Toe Strength 10:30am Catholic Communion 12:30pm Drinks w/ Darrin "The Coffee Connoisseur Experience" 2:00pm Live Music: Duet Marianna 3:00pm Thursday Matinee 3:30pm Juice Caboose 4:30pm Crooners Before Dinner 6 	9:00am Morning Connection 10:00am Strength & Stretch 11:00am Scenic Drive 2:00pm BINGO 3:00pm Paint by Number 3:30pm Hydration Trolley 4:30pm Favorite Hit Songs Before Dinner 7	9:00am Morning Connection 10:00am Morning Workout 2:00pm Biography Collage Project 3:00pm Singalong with Paul Andrews 3:30pm Juice Caboose 4:30pm Jazz Before Dinner 8
9:00am Morning Connection 10:00am Strength & Stretch 10:45am Church Service 11:00am Hydration Trolley 11:15am Sunday Morning Hymn Singing 1:30pm Live Music in the Square 2:30pm Documentary Sunday 2:30pm Manicures 3:30pm Who, What, Where Trivia: Who Am I? 4:30pm Classical Music Before Dinner 9	9:00am Morning Connection 10:00am Morning Workout 2:00pm Pipe Cleaner Tropical Plants 3:00pm Aroma Therapy : Olfactory Regeneration w/ MOXE 3:30pm Hydration Trolley 4:30pm Favorite Hit Songs Before Dinner 10	9:00am Morning Connection 10:00am Bus Outing : Fred Meyer & Cold Stone! 2:00pm Chair Zumba! 2:30pm What's Cooking: Cucumber Canapes 3:00pm Resident Council 3:30pm Juice Caboose 4:30pm Crooners Before Dinner 11	9:00am Morning Connection 10:00am Morning Workout 2:00pm August Birthday Party! 2:00pm Let's Go To Town! 2:00pm Movie Marathon + Popcorn 2:30pm Jeopardy Trivia 4:30pm Classical Music Before Dinner 12	9:00am Morning Connection 10:00am Top to Toe Strength 10:30am Catholic Communion 11:00am King County Library Visit 2:00pm Thursday Matinee 3:30pm Juice Caboose 4:30pm Crooners Before Dinner 13	9:00am Morning Connection 10:00am Strength & Stretch 11:00am Scenic Drive 2:00pm Live Music with Benjamin Brown 2:30pm Hydration Trolley 3:00pm BINGO 4:30pm Favorite Hit Songs Before Dinner 14	9:00am Morning Connection 10:00am Morning Workout 2:00pm Alzheimer's Awareness Lecture 2:00pm Saturday Social: Cake in the Cafe 3:00pm Singalong with Paul Andrews 3:30pm Juice Caboose 4:30pm Jazz Before Dinner 15
9:00am Morning Connection 10:00am Strength & Stretch 10:45am Church Service 11:00am Hydration Trolley 11:15am Sunday Morning Hymn Singing 1:30pm Live Music in the Square 2:00pm Alzheimer's Youth Board Fundraiser Walk 3:00pm Documentary Sunday 4:30pm Classical Music Before Dinner 16	All Day Island Spirit Week: Aloha Day 9:00am Morning Connection 10:00am Morning Workout 2:00pm Monday Matinee : Blue Hawaii 3:30pm Hydration Trolley 4:00pm Aloha Word Find 4:30pm Ukelele Music Before Dinner 17	All Day Island Spirit Week: Beach Day 9:00am Morning Connection 10:00am Bus Outing : Value Village 2:00pm Chair Zumba! 2:30pm Island Style Paper Flower Science + Art Kit 3:30pm Juice Caboose 4:30pm Island Music Before Dinner 18	All Day Island Spirit Week: Luau Day 9:00am Morning Connection 10:00am Morning Workout 2:00pm Let's Go To Town! 2:00pm Tropical Flower Arranging 2:00pm Wednesday Matinee: Hawaii 4:00pm Luau on the Lanai Party 4:30pm Hula Dancing from Melelani Hula Studio 19 	All Day Island Spirit Week: Tropical Tiki Day 9:00am Morning Connection 10:00am Top to Toe Strength 10:30am Catholic Communion 2:00pm Virtual Voyage: Cruising to a Tropical Destination 3:00pm Singalong with Paul Andrews 3:30pm Juice Caboose 4:30pm Steel Drum Music Before Dinner 20 	All Day Island Spirit Week: Ohana Day 9:00am Morning Connection 10:00am Strength & Stretch 11:00am Scenic Drive 2:00pm ALOHA - Island BINGO 3:00pm Friday Matinee : Lilo & Stitch 3:30pm Hydration Trolley 4:30pm Hawaiian Music Before Dinner 21	9:00am Morning Connection 10:00am Morning Workout 2:00pm Live Music: Violin by Shamika 2:30pm Root Beer Floats in the Cafe 3:00pm Live Piano Music w/ Anosh Ardeni 4:30pm Jazz Before Dinner 22
9:00am Morning Connection 10:00am Worship Service w/ Covenant Presbyterian Church 10:30am Hydration Trolley 11:00am Exercise in the Square 1:30pm Live Music in the Square 2:30pm Documentary Sunday 3:30pm Who, What, Where Trivia: What Am I? 4:30pm Classical Music Before Dinner 23	9:00am Morning Connection 10:00am Catholic Communion 11:00am Exercise in the Square 2:00pm Jeopardy Trivia 3:00pm Getting Crafty! - Velvet Coloring 3:30pm Hydration Trolley 4:30pm Favorite Hit Songs Before Dinner 24 	9:00am Morning Connection 10:00am Bus Outing : Sammamish Animal Sanctuary 2:00pm Chair Zumba! 2:30pm What's Cooking: Cucumber Canapes 3:00pm Island Paradise Drawing 3:30pm Juice Caboose 4:30pm Crooners Before Dinner 25	9:00am Morning Connection 10:00am Morning Workout 2:00pm Let's Go To Town! 2:00pm Making Flower Sun Hats 2:00pm Movie Marathon + Popcorn 3:30pm Hydration Trolley 4:30pm Classical Music Before Dinner 26	9:00am Morning Connection 10:00am Top to Toe Strength 2:00pm Thursday Matinee 3:30pm Juice Caboose 4:00pm Beach Word Search 4:30pm Crooners Before Dinner 27 	9:00am Morning Connection 10:00am Strength & Stretch 11:00am Scenic Drive 2:00pm BINGO 3:00pm Biography Collage Project 3:30pm Hydration Trolley 4:30pm Favorite Hit Songs Before Dinner 28	9:00am Morning Connection 10:00am Morning Workout 2:00pm Live Music: Violin by Shamika 2:30pm Saturday Social: Snacks in the Cafe 3:00pm Singalong with Paul Andrews 3:30pm Juice Caboose 4:30pm Jazz Before Dinner 29
9:00am Morning Connection 10:00am Strength & Stretch 10:45am Church Service 11:00am Hydration Trolley 1:30pm Live Music in the Square 2:30pm Documentary Sunday 2:30pm Manicures 3:30pm Jeopardy Trivia 4:30pm Classical Music Before Dinner 30	9:00am Morning Connection 10:00am Morning Workout 2:00pm Getting Crafty - Scare Crows! 3:30pm Hydration Trolley 4:00pm Catch A Wave Coloring 4:30pm Favorite Hit Songs Before Dinner 31	Happy Birthday! Galina 8/6 Jane 8/20 Cecile 8/24 				