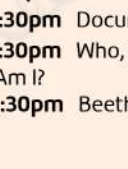
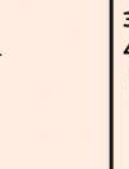
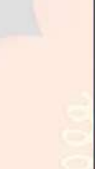
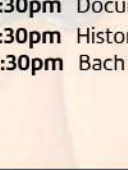
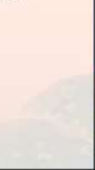
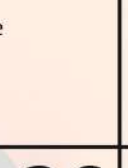
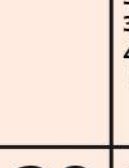
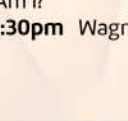
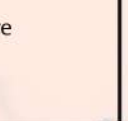
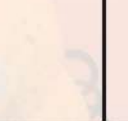


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OCTOBER 2026 HAPPY BIRTHDAY: JODY H. ~ 5TH & JERRY B. ~ 29TH				9:00am Morning Connection 10:00am Top to Toe Strength 10:30am Catholic Communion 2:00pm English Words with German Origins 3:00pm Indigenous People's Day Jeopardy 3:30pm Juice Caboose 4:30pm Ballads Before Dinner 1 	9:00am Morning Connection 10:00am Blood Drive 10:00am Bus Outing: Fall City Farms Pumpkin Patch 2:00pm BINGO 3:00pm Afternoon Workout 3:30pm Hydration Trolley 4:30pm ABBA Before Dinner 2 	9:00am Morning Connection 10:00am A Visit from STEP SEWA: Games and Meditation Session 11:00am Morning Workout 2:00pm Junk Drawer Detective : Home Fire Safety Detective 3:00pm Singalong with Paul Andrews 3:30pm Juice Caboose 4:30pm Jazz Before Dinner 3 
9:00am Morning Connection 10:00am Worship Service w/ Covenant Presbyterian Church 10:30am Hydration Trolley 11:00am Exercise in the Square 1:30pm Live Music in the Square 2:30pm Documentary Sunday 3:30pm Who, What Where Trivia: Who Am I? 4:30pm Beethoven Before Dinner 4 	9:00am Morning Connection 10:00am Monthly Fitness + Trivia 2:00pm Live Piano Music w/ Emmy 3:00pm Travelogue: Cologne, Germany 3:30pm Hydration Trolley 4:30pm Celine Dion Before Dinner 5 	9:00am Morning Connection 10:00am Bus Outing : Grand Ridge Plaza 2:00pm Chair Zumba! 2:30pm English Words with German Origins 3:30pm Juice Caboose 4:30pm Crooners Before Dinner 6 	9:00am Morning Connection 10:00am Morning Workout 2:00pm Fall Flower Arranging 2:00pm Let's Go To Town! 2:00pm Movie Marathon + Popcorn 3:30pm Hydration Trolley 4:30pm Classical Music Before Dinner 7 	9:00am Morning Connection 10:00am Top to Toe Strength 10:30am Catholic Communion 11:00am King County Library Visit 2:00pm "Basket" Ball 2:30pm Thursday Matinee 3:30pm Juice Caboose 4:30pm Folk Music Before Dinner 8 	9:00am Morning Connection 10:00am Strength & Stretch 11:00am Scenic Drive 2:00pm Live Music with Benjamin Brown 3:00pm BINGO 3:30pm Hydration Trolley 4:30pm Favorite Hit Songs Before Dinner 9 	9:00am Morning Connection 10:00am Morning Workout 2:00pm Travelogue: Germany's Next Door Neighbor – The Czech Republic 3:00pm Singalong with Paul Andrews 3:30pm Juice Caboose 4:30pm Rockabilly Before Dinner 10 
9:00am Morning Connection 10:00am Strength & Stretch 10:45am Church Service 11:00am Hydration Trolley 11:15am Sunday Morning Hymns 1:30pm Live Music in the Square 2:30pm Documentary Sunday 3:30pm History of Columbus Day 4:30pm Bach Before Dinner 11 	9:00am Morning Connection 10:00am Morning Workout 2:00pm All About Oktoberfest 3:00pm Rick Steve's Tour of Germany's Romantic Rhine & Rothenberg, and Munich & The Foothills of the Alps 3:30pm Hydration Trolley 4:30pm Favorite Hit Songs Before Dinner 12 	9:00am Morning Connection 10:00am Bus Outing : Fred Meyer 2:00pm Chair Zumba! 2:30pm What's Cooking: Pumpkin Cookies 3:30pm Food Network: Favorite Halloween Recipes 3:30pm H2O on the Go! 4:30pm Crooners Before Dinner 13 	9:00am Morning Connection 10:00am Morning Workout 2:00pm October Birthday Party 2:30pm October Jeopardy Trivia 3:00pm Movie Time! 3:30pm Hydration Trolley 4:30pm Classical Music Before Dinner 14 	9:00am Morning Connection 10:00am Top to Toe Strength 10:30am Catholic Communion 2:00pm German Jeopardy Trivia 3:00pm Music Trivia: Songs of the Scouts 3:30pm Juice Caboose 4:30pm Ballads Before Dinner 15 	9:00am Morning Connection 10:00am Strength & Stretch 11:00am Scenic Drive 2:00pm BINGO 3:00pm Friday Matinee 3:30pm Hydration Trolley 4:30pm Cher Before Dinner 16 	9:00am Morning Connection 10:00am A Visit from STEP SEWA: Games and Meditation Session 11:00am Morning Workout 2:00pm Collage Detective: Scouting 3:00pm Singalong with Paul Andrews 3:30pm Juice Caboose 4:30pm Jazz Before Dinner 17 
9:00am Morning Connection 10:00am Strength & Stretch 10:45am Church Service 11:00am Hydration Trolley 11:15am Sunday Morning Hymns 1:30pm Live Music in the Square 2:30pm Documentary Sunday 3:30pm Modeling Clay Ghosts & Pumpkins 4:30pm Handel Before Dinner 18 	9:00am Morning Connection 9:00am SPIRIT WEEK: Front Porch Pumpkin 10:00am Morning Workout 2:00pm Rick Steve's Tour of Berlin, Frankfurt & Nurnberg 3:00pm Pumpkin Painting 3:30pm Hydration Trolley 4:30pm Whitney Houston Before Dinner 19 	9:00am Morning Connection 9:00am SPIRIT WEEK: Fall Leaves 10:00am Bus Outing : Value Village 2:00pm Chair Zumba! 2:30pm October IQ 3:00pm Making Fall Leaves 3:30pm Juice Caboose 4:30pm The Mamas and The Papas Before Dinner 20 	9:00am Morning Connection 9:00am SPIRIT WEEK: October is a Ball! 10:00am Morning Workout + Beach Ball Toss 2:00pm Ribbon Cutting Ceremony 3:00pm Let's Go To The Pictures 4:30pm Cinematic Music Before Dinner 21 	9:00am Morning Connection 9:00am SPIRIT WEEK: Favorite Halloween Candy 10:00am Top to Toe Strength 2:00pm Sweet Touch – Guess the Candy 2:30pm Thursday Matinee 3:30pm Trick-or-Treat-mobile 4:30pm Rockabilly Before Dinner 22 	9:00am Morning Connection 9:00am SPIRIT WEEK: Halloween Costume Soft Launch 10:00am Strength & Stretch 11:00am Scenic Drive 2:00pm GHOST – Halloween BINGO 3:00pm Making Haunted Houses 3:30pm Hydration Trolley 4:30pm Favorite Hit Songs Before Dinner 23 	9:00am Morning Connection 10:00am Morning Workout 2:00pm Beer & Pretzel Social 3:00pm Singalong with Paul Andrews 3:30pm Juice Caboose 4:30pm Jazz Before Dinner 24 
9:00am Morning Connection 10:00am Worship Service w/ Covenant Presbyterian Church 10:30am Hydration Trolley 11:00am Exercise in the Square 1:30pm Live Music in the Square 2:30pm Documentary Sunday 3:30pm Who, What, Where Trivia: What Am I? 4:30pm Wagner Before Dinner 25 	9:00am Morning Connection 10:00am Catholic Communion 11:00am Exercise in the Square 2:00pm Rick Steve's Tour of Dresden, Leipzig, Hamburg, and The Luther Trail 3:00pm Haunted House Door Ornaments 3:30pm Hydration Trolley 4:30pm Favorite Hit Songs Before Dinner 26 	9:00am Morning Connection 10:00am Bus Outing : PCC Market 2:00pm Chair Zumba! 2:30pm What's Cooking: Pumpkin Cookies 3:30pm Food Network: Favorite Halloween Recipes 3:30pm H2O on the Go! 4:30pm Crooners Before Dinner 27 	9:00am Morning Connection 10:00am Morning Workout 2:00pm Movie Marathon + Popcorn 2:00pm Trunk-or-Treat 3:30pm Hydration Trolley 4:30pm Classical Music Before Dinner 28 	9:00am Morning Connection 10:00am Top to Toe Strength 2:00pm "Basket" Ball 2:30pm Picture It 3:30pm "Photographic Memory": October 3:30pm Juice Caboose 4:30pm Ballads Before Dinner 29 	9:00am Morning Connection 10:00am Strength & Stretch 11:00am Scenic Drive 2:00pm BINGO 3:00pm Bratwurst "Eating" Competition 3:30pm Hydration Trolley 4:30pm Patsy Cline Before Dinner 30 	9:00am Morning Connection 10:00am Morning Workout 2:00pm Haunted Buildings in Germany's Black Forest – Spooky Tourism Documentary 2:00pm Root Beer Floats in the Cafe 3:00pm Singalong with Paul Andrews 4:30pm Monster Mash Music Before Dinner 31 

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